

ProviderAlert

To: Select Health of South Carolina Physical Therapy and Occupational Therapy Assistants

Date: March 27, 2026

Subject: Required modifiers for Occupational Therapy and Physical Therapy services furnished by an Occupational Therapy Assistant (OTA) or Physical Therapy Assistant (PTA).

Beginning **May 1, 2026**, Select Health is implementing a change which will apply to services provided by an OTA and PTA. Claims for services administered in whole are in part by a PTA or OTA must include modifier CO or CQ, and will be reimbursed at 85 percent (85%) of the allowable amount. This applies to facility claims only and will not apply to professional claims.

This change is being implemented to ensure consistent and transparent reimbursement practices to remain in line with Centers for Medicare and Medicaid (CMS). Submitting claims with CO and CQ modifiers will ensure providers are being fairly and accurately reimbursed for services.

Please share this important information with your billing staff. If you have questions, please contact your [Select Health Provider Account Executive](#).