

# ProviderAlert

**To:** Select Health Providers

**Date:** February 20, 2026

**Subject:** Institution for Mental Diseases (IMD) Admission for Adults after 15 days

This notice is being issued as a reminder of the coverage limits for adult admissions to institutions for Mental Diseases (IMDs).

Select Health is sending this reminder of the Code of Federal Regulations on IMD's (42 CFR 435.1010 for Institution of Mental Disease (IMD)). Adult members ages 18-64, cannot exceed a 15-calendar day stay within a single month.

Please note:

- The 15-day limit applies to all adult IMD admissions.
- Any IMD days beyond fifteen (15) within the same calendar month will not be approved or covered.

For further information please contact your Select Health [Provider Network Account Executive](#).